

Senior Resources' Agency on Aging Senior Nutrition Program is supported by funds from Title III made available under the Older Americans Act. Menu developed by Shelley Strelovsky, Culinary Director of The Kitchen at Futures. The menu meets 1/3 RDA and conforms to U.S Dietary Guidelines. Certified by Claudia Mejia. MS, RDN, CDN, CLC

June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">3</p> <p>Meat Lasagna Carrots Applesauce</p>	<p style="text-align: right;">4</p> <p>Tomato Soup Grilled Cheese Sandwich</p>	<p style="text-align: right;">5</p> <p>Meatloaf Mashed Potatoes Broccoli Orange</p>	<p style="text-align: right;">6</p> <p>Picnic! Hotdogs/Hamburgers Coleslaw Potato Salad</p>	<p style="text-align: right;">7</p> <p>Chicken & Veggie Cacciatore Egg Noodles Cheddar Biscuit Yogurt/Berry Cup</p>
<p style="text-align: right;">10</p> <p>Grilled Chicken Pasta Salad Broccoli Banana Bread</p>	<p style="text-align: right;">11</p> <p>Breakfast for Lunch! Eggs French Toast Bacon</p>	<p style="text-align: right;">12</p> <p>Chicken Parm with Noodles and Tomato Sauce Carrots Applesauce</p>	<p style="text-align: right;">13</p> <p>Pork Tenderloin Mashed Potatoes Corn</p>	<p style="text-align: right;">14</p> <p>Shaved Steak Grinder with Peppers & Onions Potato Salad Apple</p>
<p style="text-align: right;">17</p> <p>Ziti with meatballs Chopped Apple & Cran Salad Fruit Cup</p>	<p style="text-align: right;">18</p> <p>Mac & Cheese W/ steamed Broccoli</p>	<p style="text-align: right;">19</p> <p>Greek Turkey Burger Yogurt Sauce Cous Cous Mixed Veggies Lemon Loaf</p>	<p style="text-align: right;">20</p> <p>Turkey Sandwich Lettuce/Tomato Mayo/ Cheese</p>	<p style="text-align: right;">21</p> <p>Hot Dog Veggie Chili Pasta Salad Apple</p>
<p style="text-align: right;">24</p> <p>Swedish Meatballs Egg Noodles Mixed Veggies Fruit Cup</p>	<p style="text-align: right;">25</p> <p>Cheeseburger W/ all the fixings</p>	<p style="text-align: right;">26</p> <p>Turkey Meatballs on flatbread Yogurt Sauce Greek Quinoa Salad Applesauce</p>	<p style="text-align: right;">27</p> <p>Stuffed Scallops W/ Linguini Salad</p>	<p style="text-align: right;">28</p> <p>Pulled Pork Sandwich Mac & Cheese Coleslaw (vinegar) Fruit Cup</p>
<p style="color: red;">Food Allergy Food may contain peanuts, tree nuts, sesame, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption or meals.</p>	<p>Multi grain breads and 2 % milk are served with each meal unless noted above. Menus are subject to change due to seasonality and product availability.</p>	<p>Suggested Donation: \$4.00 Hot Meals</p>	<p>HAPPY FATHER'S DAY!</p>	

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